

THE ICFAI UNIVERSITY, JAIPUR (IUJ)
NATIONAL SERVICE SCHEME (NSS)
REPORT ON NSS DAY CELEBRATION

THE ICFAI UNIVERSITY, JAIPUR
NATIONAL SERVICE SCHEME

NSS DAY CELEBRATION

SEPTEMBER 24, 2025

SEMINAR HALL 016

2 PM Onwards



CHIEF GUEST

PROF (DR) H P SINGH, VSM
PRESIDENT
THE ICFAI UNIVERSITY,
JAIPUR

ORGANISING COMMITTEE:

DR. SUGANDHA VERMA, PROGRAMME OFFICER, NSS
DR. RANI SHARMA, MEMBER, NSS
MR. VIJIT SINGH, MEMBER, NSS
MS. CHAHANA CHATURVEDI, MEMBER, NSS





THE ICFAI UNIVERSITY, JAIPUR
NATIONAL SERVICE SCHEME

NSS DAY CELEBRATION

SEPTEMBER 24, 2025

SEMINAR HALL 016

3:00 PM Onwards

SESSION ON ENHANCING MENTAL
HEALTH AND WELL BEING



EXPERT SPEAKER

DR. CHIYA JAISWAL
PSYCHOLOGICAL COUNSELLOR

ORGANISING COMMITTEE:

DR. SUGANDHA VERMA, PROGRAMME OFFICER, NSS
DR. RANI SHARMA, MEMBER, NSS
MR. VIJIT SINGH, MEMBER, NSS
MS. CHAHANA CHATURVEDI, MEMBER, NSS



September 24, 2025

The NSS Unit of ICFAI University, Jaipur celebrated NSS Day with great enthusiasm and dedication on September 24, 2025. The celebration aimed to commemorate the spirit of the National Service Scheme and to recognise the valuable contributions of NSS volunteers toward community service and nation-building. The Chief Guest for the occasion was Prof Dr HP Singh, VSM, President of ICFAI University, Jaipur.

Objectives of the Celebration

The primary objectives of celebrating NSS Day were:

- To commemorate the foundation and core values of the National Service Scheme.
- To inspire students to actively participate in community service and social initiatives.
- To promote awareness about mental health and pressing social issues among youth.
- To recognize and appreciate the efforts of NSS volunteers.

Highlights of the Programme

The celebration began with a warm welcome to the dignitaries, followed by a cake-cutting ceremony symbolising unity, commitment, and the spirit of service.

Chief guest, Prof. Dr. H.P. Singh, VSM, President, IUJ addressed the gathering and emphasised the importance of discipline, integrity, and selfless service in shaping responsible citizens. He encouraged NSS volunteers to continue working towards social transformation with dedication and compassion.

Dr. Sugandha Verma, Programme Officer, NSS, also addressed the audience, highlighting the achievements of the NSS Unit and appreciating the consistent efforts of volunteers in various outreach activities. She motivated students to remain actively involved in community development programmes.

A special session on enhancing mental health and well-being was conducted by Dr Chiya Jaiswal, Psychological Counsellor. She shared valuable insights on emotional resilience, stress management, and maintaining psychological balance in academic and personal life. The session provided practical techniques to help students manage anxiety and foster positive mental health.

The programme further included:

- Experience sharing by NSS volunteers, where students reflected on their learning outcomes and personal growth through NSS activities.
- A thought-provoking Nukkad Natak (street play) on anti-drug awareness among youth, delivering a strong message about the harmful effects of substance abuse and the importance of making responsible choices.
- Certificate distribution ceremony for winners of competitions conducted during the First One Day Camp, recognising their enthusiasm and active participation.

The blend of motivational addresses, awareness sessions, and creative performances made the celebration meaningful and engaging.

Outcomes of the Celebration

The NSS Day celebration resulted in the following outcomes:

- Strengthened awareness about the mission and objectives of NSS.
- Enhanced student engagement in community service initiatives.
- Increased awareness about mental health and well-being among students.
- Promoted anti-drug awareness through impactful cultural expression.
- Boosted morale and motivation of volunteers through recognition and appreciation.

The event concluded with a vote of thanks extended to the Chief Guest, distinguished speakers, faculty members, NSS coordinators, and volunteers whose collective efforts ensured the grand success of the celebration. Dr Sugandha Verma, Programme Officer, NSS coordinated and conducted the event. Dr. Rani

Sharma, Mr. Vijit Singh, and Ms. Chahana Chaturvedi faculty coordinators from each department of the university provided active support.

Submitted by:

Dr Sugandha Verma
Programme Offiver, NSS
The ICFAI University, Jaipur

Glimpses:





