

Report on World Physiotherapy Day

ICFAI Tech, The ICFAI University, Jaipur

Date: September 8, 2025

On the occasion of *World Physiotherapy Day*, ICFAI Tech organized a **Doctor's Talk on "Healthy Aging"** on Monday, September 8, 2025, at 12:00 PM.

The invited speaker was **Dr. Ekshit Agarwal**, Consultant Orthopedician at CK Birla Hospital, Jaipur. Dr. Agarwal is a highly experienced Orthopedic and Joint Replacement Consultant with over 5 years of expertise. He has completed his MBBS and MS in Orthopedics from *Maulana Azad Medical College* and holds a DNB in Orthopedics from the *National Board of Examinations*. Having worked at premier medical centers such as LNJP Hospital and Sushruta Trauma Center, he now practices at *CK Birla Hospital* and *Rukmani Birla Hospital, Jaipur*.

Dr. Agarwal specializes in:

- Joint replacement of hip, knee, and shoulder
- Sports injuries including ACL tears, rotator cuff tears, Bankart tears, and ATFL tears
- Complex trauma management of both upper and lower limbs

The event commenced with a warm welcome by **Dr. Rana Mukherjee, Dean, ICFAI Tech**, who extended his best wishes to the participants and introduced the guest speaker.

The session witnessed an enthusiastic participation of **more than 200 students and faculty members**. The talk was highly informative, providing valuable insights on orthopedic health, injury prevention, and the importance of healthy aging.

The event concluded at 1:30 PM with a formal **Vote of Thanks** to the distinguished guest and participants.





