

REPORT ON TRAINING SESSION ON CONFIDENCE BUILDING & PUBLIC SPEAKING 6 AUG 2025:

The Internship and Placement Committee of ICFAI Law School successfully organized a power packed and highly engaging session on “Confidence Building and Public Speaking” on 6th August 2025, facilitated by Dr. Tanmay Agrawal, Professor of Law and Soft Skills Trainer. The session proved to be one of the most interactive workshops conducted on campus, witnessing enthusiastic participation from law students across semesters. Through a dynamic mix of practical demonstrations, live speaking activities, and relatable insights, students actively learned to overcome stage fear and microphone anxiety. Thanks to the organizing team Ms. Yogita Upadhyay and Ashish Acharya.

Dr. Tanmay emphasized the importance of well-structured communication using the OBC Speech model (Opening, Body, and Closing) for impactful public speaking. He also guided students on various non-verbal communication techniques, including the effective use of posture, gestures, eye contact, and the often overlooked art of microphone handling. The interactive nature of the session encouraged students to speak spontaneously, thereby enhancing their confidence and fluency. Many students stepped out of their comfort zones and addressed their peers for the first time in a formal setting.

Towards the end of the session, a Google Form-based feedback was circulated, and a remarkable 85% of participants gave highly positive reviews, appreciating both the content and delivery of the session. Overall, the session contributed significantly to enhancing the soft skills and stage confidence of aspiring legal professionals and left a lasting impact on the participants.

Confidence Building and PUBLIC SPEAKING

by

Dr. Tanmay Agrawal

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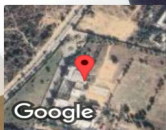


ICFAI Law School

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6th AUGUST 2025



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