



Dr. Sudha Rathore, Assistant Professor, Psychology (Honours), M.A.(Psychology), Ph.D. Gate

With over a decade of teaching and research experience, Dr. Sudha Rathore has made significant contributions to the field of psychology. She began her career as a Junior Research Fellow at the Defence Institute of Psychological Research, DRDO Delhi. She has since established a distinguished academic profile with 40+ research publications and presentations in prestigious national and international forums at seminars, conferences and workshops. She has guided numerous doctoral and masters thesis. She is a member of the Indian Society for Clinical and Experimental Hypnosis and American Psychological Association.

Dr. Rathore was instrumental in securing a funded project from the Ministry of Family and Health Welfare, Government of India, to study interventions for alleviating diabetes distress among patients. Her research interests span Psychometrics, Research and Statistics, Positive Psychology, Indian psychology, and Clinical Psychology.

Her teaching philosophy is deeply rooted in helping students unlock their potential and thrive both academically and personally, making her a valued mentor and educator in the academic community.